

Svetlik

SEPTEMBER



I'm **BIANCA** "BOOST" **BLUEBERRY**

GOOD EATS AT

VYSEHRAD CAFETERIA
 BREAKFAST SERVED WITH JUICES & MILK
 LUNCH SERVED WITH MILK
 CAFETERIA IS NOW OFFER VS. SERVE

SPECIAL ANNOUNCEMENTS

5-- FOOTBALL/ VOLLEYBALL VYSEHRAD @ MEYERSVILLE @ 1:00 P.M.
 6-- GRANDPARENTS DAY FOR BREAKFAST
 12-- FOOTBALL/VOLLEYBALL VYSEHRAD @ WESTHOFF @ 1:00 P.M.
 19-- FOOTBALL/ VOLLEYBALL SWEET HOME @ VYSEHRAD
 27-- EARLY RELEASE @ NOON

F	TH	W	T	M
(Grandparents Day For Breakfast) Scrambled Eggs, Sausage, Biscuits, Cereal, Toast, 6 Hamburgers, Lettuce, Tomatoes, Pickles, Chips, Fruit	Cereal, Toast, Honeybuns or Donuts, Fruit 5 Ham, Broccoli, Beans, Fruit, Bread	Pancake & Sausage On A Stick, Cereal, Toast 4 Steak Fingers, Noodles, Cauliflower, Pork N Beans, Fruit, Bread	Cereal, Yogurt, Toast, Fruit 3 Pork Patty, Mix Vegetables, Potatoes, Fruit, Bread	HOLIDAY 2 Mini Blueberry Pancakes, Cereal, Toast
Mini French Toast, Cereal, Toast 13 Hamburgers, Lettuce, Tomatoes, Pickles, French Fries, Fruit	Donuts or Honeybuns, Cereal, Toast, Fruit 12 Ground Beef & Macaroni, Baked Beans, Vegetable Medley, Fruit, Bread	Sausage Biscuit, Cereal, Toast 11 Hot Dogs, Ranch Style Beans, Carrots, Fruit	Egg & Cheese Biscuit, Cereal, Toast 10 Fish Patty, Macaroni & Cheese, Broccoli, Fruit, Bread	Mini Blueberry Pancakes, Cereal, Toast 9 Ravioli, Green Beans, Corn, Fruit, Bread
Cereal, Toast, Pancake & Sausage On A Stick, Fruit 20 Hamburgers, Lettuce, Tomatoes, Pickles, Hash Browns, Fruit	Morning Sausage Roll, Cereal, Toast, Fruit 19 Sausage, Pork & Beans, Carrots, Fruit, Bread	Muffins, Cereal, Toast, Fruit 18 Meat & Gravy, Rice, Baked Beans, Corn, Fruit, Bread	Breakfast Pizza, Cereal, Toast, Fruit 17 Chicken Fried Steak, Potatoes, Green Beans, Fruit, Bread	Honeybuns or Donuts, Cereal, Toast, Fruit 16 Cheese Nachos, Lettuce & Tomatoes, Refried Beans, Fruit
Mini Waffles, Cereal, Toast, Fruit 27 Corn Dogs, Baked Beans, Chips, Fruit	Biscuits, Sausage, Cereal, Toast, Fruit 26 Frito Pie, Refried Beans, Lettuce & Tomato Cup, Fruit	Muffins, Cereal, Toast, Fruit 25 Chicken Nuggets, Carrots, Pork & Beans, Fruit, Bread	Mini Blueberry Pancakes, Cereal, Toast, Fruit 24 Salisbury Steak, Noodles, Green Beans, Corn, Fruit	Mini French Toast, Cereal, Toast, Fruit 23 Meatballs, Cauliflower, Peas, Fruit, Bread, Milk
				Mini Blueberry Pancakes, Cereal, Toast, Fruit 30 Sausage Pizza, Corn, Pork & Beans, Fruit

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 14-18
 SquareMeals.org/NSLW

GET READY



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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