

OCTOBER 2018



I'm
DOCTOR BROCK

GOOD EATS AT

M
MINI FRENCH TOAST, ASSORTED CEREAL, FRUIT
MANTLOAF POTATOES, MIX VEGETABLES, FRUIT, BREAD, MILK 1

T
ASSORTED CEREAL, MINI BLUEBERRY PANCAKES, FRUIT
TURKEY FINGERS, NOODLES, PINTO BEANS, CARROTS, FRUIT, BREAD, MILK 2

W
BISCUIT, SAUSAGE, ASSORTED CEREAL, FRUIT
CHICKEN PATTIE, CORN, BROCCOLI, FRUIT, BREAD, MILK 3

TH
PANCAKE & SAUSAGE ON STICK, ASSORTED CEREAL, FRUIT
CHICKEN NOODLE SOUP, CARROT STICKS, PEAS, CRACKERS, MILK 4

F
ASSORTED CEREAL, TOAST, FRUIT
TACOS, LETTUCE & TOMATOE CUP, PORK & BEANS, FRUIT, MILK 5

HOLIDAY 8

DONUTS, ASSORTED CEREAL, FRUIT
SALISBURY STEAK, POTATOES, GREEN BEANS, FRUIT, BREAD, MILK 15

MINI WAFFLES, ASSORTED CEREAL, FRUIT
CHICKEN RINGS, CARROTS, GREEN BEANS, FRUIT, BREAD, MILK 22

ASSORTED CEREAL, HONEYBUNS, FRUIT
CHEESE MACHOS, REFRIED BEANS, LETTUCE & TOMATOE CUP, FRUIT, MILK 29

ASSORTED CEREAL, RASIN BAGEL TOAST, FRUIT
HAMBURGER PATTIE, MACARONI & CHEESE, CORN ON COB, SALAD, FRUIT, BREAD, MILK 9

PANCAKE & SAUSAGE ON STICK, ASSORTED CEREAL, FRUIT
FISH PATTY, PINTO BEANS, COLE SLAW, FRUIT, BREAD, MILK 16

BISCUITS, SAUSAGE, ASSORTED CEREAL, FRUIT
MEATBALLS, PEAS, CAULIFLOWER, FRUIT, BREAD, MILK 23

BLUEBERRY/BANANA MUFFINS, ASSORTED CEREAL, FRUIT
RICE SOUP, CORN, PEAS, FRUIT, CRACKERS, MILK 30

SCRAMBLED EGGS, TOAST, ASSORTED CEREAL, FRUIT
CORN DOGS, BAKED BEANS, HASH BROWNS, FRUIT 10

EGG, CHEESE & TURKEY BACON ON TOAST, ASSORTED CEREAL, FRUIT
HAMBURGER PATTIE, CORN, FRENCH FRIES, FRUIT, BREAD 17

SCRAMBLED EGGS, TOAST, ASSORTED CEREAL, FRUIT
PORK PATTIE, RICE, CORN, MIX VEGETABLES, FRUIT, BREAD, MILK 24

BREAKFAST BAR (BANANA CHOCOLATE CHUNK OR CHOCOLATE CHIP), ASSORTED CEREAL, FRUIT
SAUSAGE PIZZA, PORK N BEANS, SALAD, FRUIT, MILK 31

BREAKFAST PIZZA, ASSORTED CEREAL, FRUIT
CHICKEN FRIED STEAK, NOODLES, BROCCOLI NORMANDY, SQUASH, FRUIT, BREAD, MILK 11

EGG & CHEESE BISCUIT, ASSORTED CEREAL, FRUIT
LASAGNA, CARROTS, RANCH STYLE BEANS, FRUIT, BREAD, MILK 18

BREAKFAST PIZZA, ASSORTED CEREAL, FRUIT
HOT DOGS, BAKED BEANS, CHIPS, FRUIT 25

BREAKFAST PIZZA, ASSORTED CEREAL, FRUIT
HOT DOGS, BAKED BEANS, CHIPS, FRUIT 25

HONEYBUNS, ASSORTED CEREAL, FRUIT
SAUSAGE ROLL, CORN, RANCH STYLE BEANS, CHIPS, FRUIT, MILK 12

ASSORTED CEREAL, YOGURT, TOAST, FRUIT
BAKED POTATOE, DICED CHICKEN MEAT, CHEESE, FRESH BROCCOLI, CORN, FRUIT, MILK 19

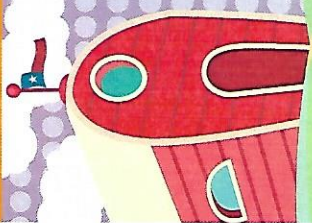
ASSORTED CEREAL, YOGURT, TOAST, FRUIT
CHICKEN FAJITAS, LETTUCE & TOMATOE CUP, STEAMED BROCCOLI, FRUIT, FLOUR TORTILLA 26

SPECIAL ANNOUNCEMENTS

3rd- 5th GRADE HEALTH PARTY @ KC HALL
4th-PEP RALLY @ 12:30 P.M.
FOOTBALL/VOLLEYBALL GAME SWEET HOME @ VYSEHRAD @ 1:00 P.M.
5th-CAN PICK UP
8th-HOLIDAY...COLUMBUS DAY 22nd-6,7,8 GRADES..PLAY IN GEORGETOWN
31st- HALLOWEEN COSTUME CONTEST @ 8:15 A.M.
K THRU 3RD VISIT NURSING HOMES @ 9:30 A.M.
HALLOWEEN PARTY @ 1:50 P.M.

VYSEHRAD CAFETERIA
* NOTE BREAKFAST SERVED WITH JUICE & MILK & LUNCH SERVED WITH MILK
CAFETERIA IS NOW OFFER VS. SERVE THREE COMPONENTS REQUIRED.

NATIONAL SCHOOL LUNCH WEEK OCTOBER 8-12
SquareMeals.org/nslw



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
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NATIONAL FARM TO SCHOOL MONTH